



SUNCARE SG

SUPPORTING THE WELL-BEING OF CHILDREN AND YOUTHS

ANNUAL REPORT 2022



About Us

Introduction

The early years of a child's life are important and we need to support families in caregiving for the young. Developing social and emotional competencies in children and youths go a long way to helping them build resilience to manage challenges that come in life.

Suncare SG's vision and mission is thus to build programmes and empower communities so that the well-being of children and youths is focused on from the early years. We will support families in caregiving, and pilot programmes to build social and emotional competencies in our young. We will collaborate with like-minded organisations and government agencies to give our children the best chances of reaching their full potential, regardless their family situation.

Our Approach

Suncare SG will act as an incubator to build programmes that are firmly science backed and outcome-driven to rigorously pilot and evaluate evidence-based programmes with partners. Programmes that prove to be feasible and effective will be presented to government agencies for consideration to be scaled up and implemented nationwide so that they can be accessible to all.



Content

Message from the Chairman ----- Page 3

Message from the Executive Director ----- Page 4

Our Charity Board ----- Page 5

The Year In Review ----- Page 6 - 8

Our Policies ----- Page 9

Financial Statement ----- Page 10

Reach Out to us ----- Page 11



Message from the Chairman



Professor Chong Yap Seng

I am deeply honoured to be serving as the Chairman of Suncare SG, a new and very different sort of charity. We believe that Singapore's most important natural resource, her people, must be nurtured from childhood to develop their full potential so that everyone can have a purpose-filled life and play their part in Singapore's progress. As a nascent charity, we cannot hope to fulfil our mission by ourselves. Only by working with the different child development scientists, early childhood educators, social workers, psychologists, school teachers, youth workers, NGOs, government agencies, ministries, funders, volunteers, and community leaders, can we hope to make an impact. In addition to strong and diverse partnerships, good interventions must be underpinned by sound research and thoughtful implementation, and what we hope to do is to catalyze and implement programs to help our young develop the necessary social and emotional competencies to be able to learn easily, interact well, and take care of themselves and others with kindness, empathy, and responsibility.

Research has found that it takes 17 years on average for scientific data to be incorporated into real practice. To speed this up, we need to strengthen transdisciplinary partnerships between scientists, social workers, policy makers and the community. Using an incubator model, Suncare SG will bring various parties together to co-create programs with the community. Our aim is to test community interventions and to rigorously evaluate their feasibility, scalability, and impact. Once we have a model of care that we are confident can be implemented durably and deliver the desired outcomes, we will hand them over to the appropriate agencies for mainstreaming.

At steady state, Suncare SG hopes to run about two to three pilot community interventions at any one time, with each lasting about two to three years. Once these pilots are fully evaluated, and consistently found to deliver the outcomes we desire, we will work with the appropriate governmental and other agencies to scale up and maintain them. Suncare SG's deliverables will be the community programs we successfully mainstream as well as the community Lighthouses we set up to help the youth of Singapore grow up happy and productive.

A handwritten signature in black ink, appearing to read 'Chong Yap Seng', written in a cursive style.

Chong Yap Seng

Message from the Executive Director



Felicia Chua

It is amazing that within a short span of 1 and the half years, Suncare SG has progressed from a volunteer led initiative, to a Charity. It has attracted leading names in the medical, social and community fields to join in the testing and validation of programmes. Our aim is to pilot the programmes and have them scale up across Singapore.

We remain committed to our core mission, that is to help our young children and youths experience well-being and realise their potential. This requires us to help them through partnerships with professionals...

- to better understand themselves,
- to interact positively with others,
- to be able to communicate their feelings, and
- to regulate behaviours positively.

Besides running programmes such as Let's Play, kidsREAD, Triple P, You Shine, You Matter (just to name a few); we also operate a physical space, called the Lighthouse at Punggol for meaningful activities. None of our projects would be possible without the help of our partners, donors, and volunteers, and I sincerely hope many of you will join us in our endeavours. I can see myself being busier in the coming months as I settle into my post; arranging my office, building up my team of staff and volunteers and working closely with my board members. There will be budgets, and inventories to handle, setting up Lighthouse, and meeting more people; especially our young people and their families. Another challenge for me would be to promote the services of Suncare SG across various media.

I look forward working hard with all of us from the year 2023 onwards.

A handwritten signature in black ink, appearing to read 'Felicia Chua'. The signature is written in a cursive style with a horizontal line underneath.

Felicia Chua

Our Charity Board



Chairperson, Professor Chong Yap Seng

Dean, Yong Loo Lin School of Medicine, NUS
Chief Clinical Officer, Singapore Institute for Clinical Sciences
Senior Consultant, Department of Obstetrics & Gynaecology, NUH
Professor, Department of Obstetrics & Gynaecology, NUS



Secretary, Kitson Leonard Lee

Head, Centre for Non-Profit Leadership, NVPC
Board Advisor, Kowabunga Global Pte. Ltd. & Digital Philanthropy Ltd.



Treasurer, Jacky Peh

Financial Controller, Warren Golf and Country Club



Adj. Associate Professor Chong Shang Chee

Senior Consultant and Head, Child Development Unit, Department of Paediatrics, Khoo Teck Puat - National University Children's Medical Institute, NUH
Adjunct Associate Professor, Department of Paediatrics, Yong Loo Lin School of Medicine, NUS
Deputy Director, Centre for Holistic Initiatives for Learning and Development, Yong Loo Lin School of Medicine, NUS



Professor Daniel Fung

CEO, Institute of Mental Health
Adjunct Associate Professor, DUKE NUS Medical School, Lee Kong Chian School of Medicine, and Yong Loo Lin School of Medicine
Programme Director, MOH's Community Mental Health Team for Children and Adolescents (REACH)



Lei Ming

Chief Architect, One of Seven Founders, Baidu Inc.
Honorary Director, AI Innovation Center, Peking University
Founder, Chairman, Kuwo Inc.
Founder, Chairman, Bocean Capital



Rahayu Buang


CEO, KidSTART Singapore Ltd

The Year in review

Suncare SG has been registered as a charity under the Charities Act with effective from 17 October 2022




Our Programmes




You Matter is a youth peer support training programme co-curated by Suncare SG with Singapore Association for Mental Health (SAMH), Samaritans of Singapore (SOS) and Campus PSY (Peer Support for Youths) who are keen to support the holistic well being of our young people.

You Matter focuses on each individual as the lynchpin of society. Every person is significant. Whether a sufferer, a supporter, a friend or a stranger. Each of us impacts another and every interaction is an opportunity to enlarge circles of well-being such that we create ripples of hope across our community.



You Power is a volunteer-led weekly programme which matches children and youths from underprivileged families with study and personal development mentor. Lessons are drawn from the games with the intention to build into the lives of both mentors and mentees.

A success story that brings encouragement to the team is about a Primary 3 year old boy who used to come and walk around disturbing other students with a disinterested attitude towards learning. Within 2 sessions with his appointed mentor, increased his attention span.



Over 6 sessions, he now completes his work and actively participates in the games played conducted in the centre. His engagements encourages his mentors to commit deeper; fulfilling a meaningful bond between them.

KidsREAD is an NLB programme to promote the love for reading, Suncare SG launched both the Junior club (4-6 years old) and the Senior club (7-8 years old) on the 25 February this year.

Impacting more than 30 children and growing, positive feedback includes parents citing that their children enjoyed coming to KidsREAD every Saturday though its only a 1-hour session with many coming early because they enjoyed spending time with our volunteers here. The quality of the sessions have expanded to a community being built.



Our Policy

Funding Sources

Suncare SG is a charity that supports the well-being of children and youths by building programmes and equipping communities to support the social and emotional wellbeing of children and youth in Singapore. Our clients benefit from an incubation model from science backed research. Suncare SG is supported by donations and government grants.

Conflict of interest Policy

Suncare SG has put in place a conflict of interest policy to assist in identifying and managing potential areas of conflict. All board members, key management personnel, staff members and volunteers have to declare any situation of conflict that may arise. But members and key management personnel do not vote and abstain from decision-making when conflicts of interest arise.

HR Policy

Staff at Suncare SG undergo a yearly performance review, during which they are appraised. During the session, performance appraisals are done between the Executive Director and the staff members, and clear goals are set for their performance. Volunteer tutors receive performance feedback through classroom observations throughout the academic year, while volunteer hotline counsellors receive feedback through supervision by the head of counselling services. Salary increments and staff remuneration are recommended for approval by board of Suncare SG on a yearly basis.

Reserves Policy

The reserves that we have set aside provide financial stability and the means for the development of our principal activity. Suncare SG raises funds to support our current and future services to reach out to more young people and their families in need, up to a maximum of 2 years our projected future gross operating expenses. Such funds do not include funds specified for restricted use. The purpose of establishing results is to ensure stability for Suncare SG and continuity in services to our beneficiaries. The amount of reserves that is required will be reviewed on a yearly basis by the board.

Loans, Donations, Grants and Financial Assistance Policy

Suncare SG does not provide any loans, donations, grants or financial assistance to any parties.

Financial Statement

Balance Sheet as at 31 December 2022

	2022 \$	2021 \$
Non-current asset		
Plant and equipment	15,930	-
Current asset		
Other receivables	4,400	4,000
Cash and Cash equivalents	<u>126,452</u>	<u>141,932</u>
	<u>130,852</u>	<u>145,932</u>
Current liability		
Other payables	<u>3,401</u>	<u>16,202</u>
	3,401	16,202
Net current assets	<u>127,451</u>	<u>129,730</u>
Net assets	<u>143,381</u>	<u>129,730</u>
Funds		
Members' funds	200,100	200,000
Accumulated funds	<u>(56,719)</u>	<u>(70,270)</u>
Total funds	<u>143,381</u>	<u>129,730</u>

Statement of Comprehensive Income for the financial year ended 31 December 2022

	1.1.2022 to 31.12.2022 \$	15.10.2020 to 31.12.2021 \$
Income	100,000	-
Other Income	12,113	8,000
Expenditure	<u>(98,562)</u>	<u>(78,270)</u>
Surplus/(deficit) for the year/period	13,551	(70,270)
Other comprehensive income	<u>-</u>	<u>-</u>
Total comprehensive gain/(loss) for the year/period	<u>13,551</u>	<u>(70,270)</u>

A copy of the full audited financial statements can be viewed online at :
www.suncaresg.com

Donate here!



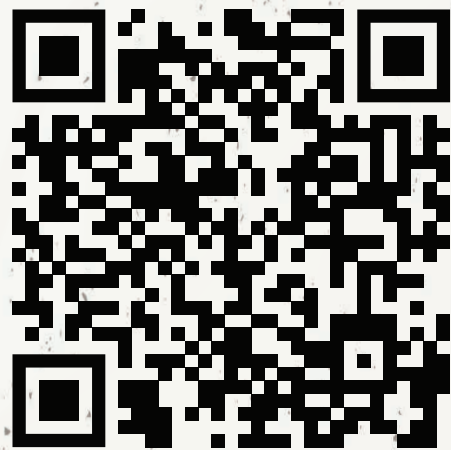
<https://www.giving.sg/suncare-sg-limited>



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