



**SUNCARE SG**

SUPPORTING THE WELL-BEING OF CHILDREN AND YOUTHS

# ANNUAL REPORT 2023



# About Us

## Introduction

The early years of a child's life are important and we need to support families in caregiving for the young. Developing social and emotional competencies in children and youths go a long way in helping them build resilience and manage challenges that come up in life.

Suncare SG's vision and mission is thus to build programmes and empower communities so that the well-being of children and youths is focused on from the early years. We will support families in caregiving, and pilot programmes to build social and emotional competencies in our young. We will collaborate with like-minded organisations and government agencies to give our children the best chances of reaching their full potential, regardless their family situation.

## Our Approach

Suncare SG will act as an incubator to build programmes that are firmly science backed and outcome-driven to rigorously pilot and evaluate evidence-based programmes with partners. Programmes that prove to be feasible and effective will be presented to government agencies for consideration to be scaled up and implemented nationwide so that they can be accessible to all.



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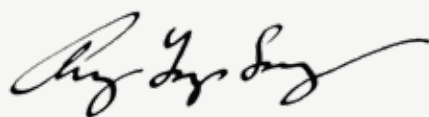
Children and youths are our future, and their well-being is our top priority. Investing in their health, education, and well-being today will see tremendous returns as the benefits will be compounded throughout their lifetime, as well as for their future children, and for society as a whole. When our children and youths flourish, all of us flourish.

With the launch of the Lighthouse last November, Suncare SG has created a safe space for children and youths to freely express themselves and build their sense of community, self-worth and well-being through the programmes offered. The Lighthouse has also proven to be a trusted place where parents and caregivers can access evidence-based resources and tools to help them optimise the development of their children.

At Suncare SG, we firmly believe in building the capacity and capability of children and youths to learn effectively, develop good relationships with people around them, and be empowered to overcome the many challenges that they will face as they grow up. Achieving this requires more than just good intentions – it demands expertise, commitment and resources, and an ecosystem of diverse stakeholders dedicated to helping the children and youths of Singapore grow to become happy, confident and resilient members of society.

Our mission is made possible only through close partnerships with donors, different child development scientists, early childhood educators, social workers, psychologists, school teachers, youth workers, NGOs, government agencies, ministries, volunteers, and community leaders.

Our approach has remained steadfast. We aim to be a provider of good ideas and an incubator for science-based and research-driven community interventions. These initiatives are rigorously evaluated in the community for their potential to scale, so to help even more individuals in the next generation reach their full potential.



Professor Chong Yap Seng

# Message from the Chairman



# Our Charity Board



Chairman  
**Professor Chong Yap Seng**



Secretary  
**Kitson Leonard Lee**



Treasurer  
**Jacky Peh**



Board Member  
**Adj. Associate Professor  
Chong Shang Chee**



Board Member  
**Adj. Associate Professor  
Daniel Fung**



Board Member  
**David Ong**



Board Member  
**Lei Ming**



Board Member  
**Rahayu Buang**

## Board Meetings and Attendance

A total of three Board meetings were held during the financial year. The following sets out the individual Board member's attendance at the meetings:

Names of Board Members	Percentage of Attendance
Prof Chong Yap Seng (Chairman)	67%
Mr Kitson Leonard Lee (Secretary)	100%
Mr Peh Jacky (Treasurer)	100%
A/Prof Daniel Fung (Member)	100%

Names of Board Members	Percentage of Attendance
A/Prof Chong Shang Chee (Member)	100%
Mdm Rahayu Buang (Member)	67%
Mr Lei Ming (Member)	33%
Mr David Ong (Member)	100% since 16 August 2023

# Our Sub-Committee

Audit Sub-committee	
Committee Chairman	Rahayu Buang
Committee Member	Tan Peck Yan
Committee Member	Ke Peiyi

Finance Sub-Committee	
Committee Chairman	Jacky Peh
Committee Member	Ko Hui Yun
Committee Member	Tham Yan Ping

Fundraising Sub-Committee	
Committee Chairman	Lei Ming
Committee Member	Wang Yi
Committee Member	Danny Koh

Human Resource Sub-Committee	
Committee Chairman	Prof Chong Yap Seng
Committee Member	Ciara Yeo
Committee Member	Lawrence Lee

Programmes & Services Sub-Committee	
Committee Chairman	A/Prof Daniel Fung
Committee Member	A/Prof Chong Shang Chee
Committee Member	Jessie Chong
Committee Member	Serene Gan

Nomination Sub-Committee	
Committee Chairman	Kitson Leonard Lee
Committee Member	Jacky Peh

Our Management Team	
Centre Manager	Jaclyn Yeo
Programme and Partnership Manager	Clare Lim
Marketing Communications Executive	Ng Xiang Yun

# The Year in review



Suncare SG has been registered as a charity under the Charities Act since 17 October 2022 and obtained IPC status on 27 November 2023.





# Launch of the Lighthouse



The Lighthouse by Suncare SG was officially launched on 11 November 2023, and stands as a beacon of hope and transformation.

It is the first of its kind in Singapore, a children and youth-centric pop-up, sustainable space, dedicated to supporting the personal growth and mental well-being of children and youths.





# Our Programmes

**You Power** is a mentorship programme that connects volunteers to vulnerable children and youths for academic and personal growth, providing support to help them gain confidence.

Through the You Power programme, participants develop into confident individuals, gaining the courage to express themselves openly. One participant, who initially joined our other programmes as a mentee and was recognised as a peer supporter in school, eventually became a mentor here.



**You Shine** is an after-school programme promoting self-directed learning and social activities which strengthen peer bonding while encouraging socio-emotional regulation.

Classroom-based learning fosters social mixing among students, providing opportunities for interaction and collaboration that contribute to their social development.

Partner collaborations and outdoor learning enhance You Shine programmes, enriching the experiences we offer. Through carefully planned outings and resource access, children are given opportunities to delve into culture, tradition, and interactive learning, fostering self-directed growth and heightened awareness.



# Our Programmes

**You'll Be Alright** is a fun and engaging experiential programme, where guided theatrical exercises and art work allow participants to explore and express their emotions, thoughts and experiences.

Through the programme, we witness the transformation of an initially shy and reserved participant gradually opening up, becoming more willing to try new things and express his ideas.

The use of drama, role-play and creative expression allows youths to become self-aware and better understand concepts of self-identity ("I am"), capability ("I can") and support systems ("I have").



**Let's Play** is a pioneering pilot programme by Centre for Holistic Initiatives for Learning and Development (CHILD) at the Yong Loo Lin School of Medicine, NUS, Suncare SG and Temasek Foundation to promote caregiver sensitivity through play interactions with young children aged 0 - 3 years old.



# Our Programmes

**You Power +** is a Sports Mentoring Programme that provides opportunities for mentees to learn technical skills and strategies. Mentors can serve as role models, offering advice on leadership, teamwork, resilience, and goal-setting, which are all essential skills both in sports and in life. Sports mentoring programmes often foster a sense of community and belonging among participants.



**Mentor training** - You Power+ offers a unique Mentor Training Program, empowering mentors with essential skill-sets to support mentees facing various challenges - academic, socio-emotional, and more. Mentors focus on befriending and building trusting relationships while adeptly handling mentees with behavioural and emotional issues.

**You Sparkle** - Building on a previous engagement with children around music, we are curating a special programme called You Sparkle in collaboration with ComLink+ and Voices of Singapore to form a choir aimed at empowering children aged 7 to 14.





# Our Policy

## Funding Sources

Suncare SG is a charity that supports the well-being of children and youths by building programmes and equipping communities to support the social and emotional wellbeing of children and youth in Singapore. Our clients benefit from an incubation model from science backed research. Suncare SG is supported by donations and government grants.

## Conflict of interest Policy

Suncare SG has put in place a conflict of interest policy to assist in identifying and managing potential areas of conflict. All board members, key management personnel, staff members and volunteers have to declare any situation of conflict that may arise. But members and key management personnel do not vote and abstain from decision-making when conflicts of interest arise.

## HR Policy

Staff at Suncare SG undergo a yearly performance review, during which they are appraised. During the session, performance appraisals are done between the Executive Director and the staff members, and clear goals are set for their performance. Volunteer tutors receive performance feedback through classroom observations throughout the academic year, while volunteer hotline counsellors receive feedback through supervision by the head of counselling services. Salary increments and staff remuneration are recommended for approval by board of Suncare SG on a yearly basis.

## Reserves Policy

The reserves that we have set aside provide financial stability and the means for the development of our principal activity. Suncare SG raises funds to support our current and future services to reach out to more young people and their families in need, up to a maximum of 2 years of our projected future gross operating expenses. Such funds do not include funds specified for restricted use. The purpose of establishing results is to ensure stability for Suncare SG and continuity in services to our beneficiaries. The amount of reserves that is required will be reviewed on a yearly basis by the board.

## Loans, Donations, Grants and Financial Assistance Policy

Suncare SG does not provide any loans, donations, grants or financial assistance to any parties.

# Financial Statement

## Statement of Financial Position as at 31 December 2023

	<b>2023</b>	<b>2022</b>
	\$	\$
<b>Non-current asset</b>		
Plant and equipment	487,214	15,930
<b>Current asset</b>		
Other receivables	2,098	4,400
Cash and Cash equivalents	872,392	126,452
	<u>874,490</u>	<u>130,852</u>
<b>Current liability</b>		
Other payables	245,345	3,401
	<u>245,345</u>	<u>3,401</u>
<b>Net current assets</b>	<u>629,145</u>	<u>127,451</u>
<b>Non-current liability</b>		
Deferred capital funds	469,858	–
	<u>469,858</u>	<u>–</u>
<b>Net assets</b>	<u>646,501</u>	<u>143,381</u>
<b>Funds</b>		
Members' funds	200,100	200,100
Restricted funds	–	–
Accumalated funds	446,401	(56,719)
<b>Total funds</b>	<u>646,501</u>	<u>143,381</u>

The charity discloses that there is no paid staff that receives more than \$100,000 each in annual remuneration.

The charity discloses that there is no paid staff, being a close member of the family belonging to the Executive Head or a governing board member of the charity.

# Financial Statement

## Statement of Comprehensive Income for the financial year ended 31 December 2023

	2023 \$	2022 \$ (Reclassified)
Donation income	760,436	100,000
Amortisation of deferred capital fund	27,639	–
Other income	6,265	12,113
Consultancy expense	(99,361)	–
Depreciation on plant and equipment	(35,321)	(6,788)
Event expense	(73,870)	(13,994)
Employee benefits	(154,701)	(57,302)
Expenditure	(30,470)	(20,478)
<b>Surplus before tax</b>	<u>400,617</u>	<u>13,551</u>
Income tax expense	–	–
<b>Surplus for the year</b>	<u>400,617</u>	<u>13,551</u>
Other comprehensive income	–	–
<b>Total comprehensive income for the year</b>	<u>400,617</u>	<u>13,551</u>

## Statement of Changes in Fund Year ended 31 December 2023

	Members Fund \$	Restricted funds \$	Accumulated fund \$	Total funds \$
Balance at 1 January 2022	200,000	–	(70,270)	129,730
Members' initial contributions	100	–	–	100
Total comprehensive income for the year	<u>–</u>	<u>–</u>	<u>13,551</u>	<u>13,551</u>
Balance at 31 December 2022	200,100	–	(56,791)	143,381
Donation received	–	600,000	–	600,000
Payment for capital expenditure	–	(497,497)	–	(497,497)
Utilisation for operational costs	–	(102,503)	102,503	–
Total comprehensive income for the year	<u>–</u>	<u>–</u>	<u>400,617</u>	<u>400,617</u>
Balance at 31 December 2023	<u>200,100</u>	<u>–</u>	<u>446,401</u>	<u>646,501</u>



**Donate  
here!**



<https://www.giving.sg/suncare-sg-limited>

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Out to  
us**



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